

Introduction to Fanling Academy

Our school was established in 1975 which is a co-educational school. Our school promotes good virtue. There are many facilities in our school in order to help our students to enrich their school life and develop a healthy life style. Laboratory, library, special rooms, chapel, etc are provided for students to study or relax. For students who have potentials in sports, we have provided basketball courts, football courts and swimming pool. There are 1103 students and 52 staff in our school, and the teachers work very hard to educate our student and let them have a better academic results and conducts.

What students eat at lunchtime

In the school, we provide food from the lunchbox provider and our tuck shop. In tuck shop, we provide both Chinese and Western meals. For example, pasta such as spaghetti and macaroni are provided to students who don't eat rice. As instant noodles are not healthy, they won't be provided. In addition, 3 types of lunch boxes are designed every day. We promote healthy and nutritious food, but snacks are not encouraged.

Things HK teens do in their leisure time

In their leisure time, they usually go out with friends to shop, have dinner or watch movies. These can help them to relax themselves and also to strengthen their relationship with their friends. Many teens also play sports in their spare time, which helps them to strengthen their body and also a healthier life. Reading books and playing computer games are also popular among adolescents. In recent years, many teens also like to participate in different exchange programmes held by the government as most of them are inexpensive and they can learn more things and knowledge outside the classroom. They can also entertain themselves while traveling and learning new stuffs.