

## Bullying Is Running Deeper

Lately, the issue of abuse in school has been rampant. Numerous pupils are teased and taunted by older bullies. However, to date, they do not realize that this has gone far beyond the socially acceptable level. Therefore, I would like to illustrate how severe this problem is and how we can overcome it.

In fact, most of the younger school children are shy and introverted, whereas the older schoolmates are strong and outgoing, so they usually perceive their junior fellows as the targets of bullying. As far as the bullies are concerned, it is just a kind of entertainment which helps them gain more popularity and sense of pride among their peers. Once they succeed, the others will 'appreciate' their actions. Nevertheless, after the victims are jeered, they feel really hopeless and helpless. Worst of all, some of them try to evoke this nightmare by cutting their own wrists or even attempting suicide. Hence, it is a must to take actions so as to solve these problems.

Bullies are required to consult a social worker. Instead of obtaining popularity and pride, there may be other reasons for abuse in school, for example, having too much pressure from family breakdown or poor academic results. Thus, through interacting with the bullies, the social workers can offer them other choices to allay anxiety such as developing a range of hobbies. Once they find the most appropriate way to ease stress, the trend of bullying will show down.

Another recommendation is education. Schools are responsible for conducting talks and placing display boards about the consequence of school bullying having a deterrent effect. Since the bullies do not know its potential adverse effects on the victims, they just do whatever they want and keep teasing the victims, but with the education, they will refrain themselves from bullying. Therefore, education is crucial in lessening the problem of bullying.

School kids who are bullied should stay away from bullies. Sometimes, the bullies regard us as their targets because we are emotional, so all we need to do is just concentrate on our studies and ignore them. When they observe that we have no reaction for their behavior, they feel unnerved and will eventually give up, so we need not care about them.

To sum up, the issue of school bullying has been intensifying as the bullies want to show heroism among their classmates. Hence, three methods are suggested for

alleviation- consulting a social worker, imparting knowledge into bullies, and keeping away from bullies, which is only for victims to do. I hope that abuse in school will no longer happen.