

“Buddies, Look at that fatty boy! I don’t really like him. Ho! Let’s do something!”
A gang of senior students then went in front of that junior student. Nowadays, school bullying is prevalent in Hong Kong either in Band 3 schools or Band 1 schools. It is just impossible to avoid reading newspaper or watching television without hearing the news of school bullying. Some even reacted in serious effects, for example, the victims suffered from psychological illness or even tried to commit suicide.

The phenomenon is attributed to several factors. Students who do not have much confidence may try to bully others since they conceived that they can gain a sense of satisfaction by putting others to the predicament. Students being influenced by the social media exaggerating heroism or family members using mindless violence to handle conflicts may also intimate their violent behaviours.

As school bullying may cast long the shadows over victims’ lives, it is certainly not something to be taken lightly. The family, school and government should joint their hands and take a proactive approach to tackle this time bomb before more tragedies will happen.

At school level, schools can organize a variety of activities in order to build up students’ confidence. For example, they can provide more extra curricular activities for students to choose and find their sincere interests and talents. Therefore, students can dedicate themselves to these kinds of educational and entertaining activities in stead of bully other people.

At family level, it is recommended that parents build up a good relationship with their children. Playing a vitally important role in their children’s personal growth, parents have a responsibility to set a good example for them, that is, treating them with love and concern instead of violence. By doing so, children will grow up as individuals who have a healthy mind.

Last but not least, the government can do something to help the situation. Since there is some irresponsible media over-exaggerating violence, the government should set up supervisory system to control the situation. Moreover, the government should instill right messages into the youth about the adverse effects of bullying to both bullies and victims by advertisements and leaflets.

To conclude, bullying in schools destroys the hopes of our future pillars of society. If nothing is done to solve the problem, the condition will only worsen. It is hoped

that through the efforts of school, family and the government, bullying can be eliminated as soon as possible and the future society will be one filled with harmony and love.